

SO
YOU HATE
CHRISTMAS

We've got some creative solutions for YOU!

“Holistically Happy Holiday Workshop”

Homemade treats, holiday sweets, tips & techniques!



THURSDAY, NOVEMBER 23RD

3:00-7:00 PM

SODA CREEK GYM

Soda Creek Health Station

250-989-2355

Sugar Cane Health

250-296-3532



Three Corners Health

Canoe Creek Health Centre

250-459-7749

Dog Creek Health Centre

250-440-5822