

# Mental Wellness & Substance Abuse Project Community Engagement



Let your voice be heard

Come join us to have a talk about Mental Wellness and our community. It is an informal format to engage community on everyday challenges for those struggling with Mental Health and/or Substance Abuse.

**Tuesday, September 18th, 2018**

10:00-3:00 pm

Soda Creek Health Boardroom

- ⇒ **Lunch is provided**
- ⇒ **Rides are available**
- ⇒ **Registrar with Maxine at 250.989.2355**

## The Project looks to :

- ◇ Do an environmental scan on what Mental Wellness services exist,
- ◇ Ask 'What the gaps are?',
- ◇ Identify the strengths of community and what if any cultural practices are available in your community,
- ◇ Identify what your community needs are for direct services,
- ◇ External resources used, and
- ◇ How the health information is stored and shared



Soda Creek Indian Band, 3405 Mountain House Road, Williams Lake, BC V2G-5L5